

COURSE DESCRIPTION

COURSE TITLE:	<i>IT'S A SHORT TRIP TO ROCK BOTTOM</i>
SUBJECT/CONTENT/SKILLS:	CLINICAL INTAKE & SCREENING/ CLINICAL ASSESSMENT/DSM-5/ DIAGNOSING/ COUNSELING SKILLS
OHIO CONTENT AREAS:	PREVENTION P2 CHEMICAL DEPENDENCY C4
COURSE FORMAT:	ONLINE COURSE; DIGITAL WORKBOOK/ONLINE TEST & COURSE EVALUATION/ INSTANT TEST SCORES/DOWNLOADABLE COMPLETION CERTIFICATE
INTENDED AUDIENCE:	THIS COURSE IS APPROPRIATE FOR PRACTITIONERS OF ALL LEVELS AND IS APPLICABLE WITHIN VARIOUS PROFESSIONAL SPECIALTIES (ADDICTION, MENTAL HEALTH, ETC.) AND SETTINGS (CLINICS, SHELTERS, JAILS, ETC.).
CE HOURS:	6
COST INITIAL/RENEWAL:	\$54/\$27
NUMBER OF PAGES: (INCLUDING INTRO MATERIALS)	71
NUMBER OF POST-TEST QUESTIONS:	25

NAMES/CREDENTIAL(S) OF PRESENTER/AUTHOR:

Kelly Sinclair-McClintock, MA, LICDC-CS, MCAP

Kelly has spent the better part of her career working with a criminal population, often within the walls of the jail system, and (oddly enough) has loved every moment of it. Kelly says, "it's easy to enjoy being institutionalized-when you have the keys to the joint"! (So true).

Since 2005, she has served as the CEO of Project Solutions, a social service organization that provides counseling services to a criminal population. Kelly has authored numerous professional training manuals and is a sought-after speaker/presenter.

EDUCATION/ACHIEVEMENTS:

- AA/BS Degree Criminal Justice/Sociology
- Master of Arts Degree, Professional Counseling
- Licensed Independent Chemical Dependency Clinical Supervisor (Ohio)
- Certified Masters Addictions Professional (Florida)
- Find Your Strong Campaign findyourstrong.info
- Graduate Leadership Stark County, 18th Class
- Commendations Stark County Jail Treatment Program 2006, 2010
- Recipient Bliss Scholarship Akron University, 1991
- Internship Capitol Hill, 1991

COURSE DESCRIPTION:

This course covers the critical topics of assessing and diagnosing. Content includes a review of the DSM-5 diagnostic criteria in an easy-to-learn format and offers game-changing tips for being a "Rock-star" Assessor!

Course discusses:

- Barriers to accurate assessing
- How to ask the right questions
- How to get clients to be honest
- Dealing with resistant clients
- Translating the DSM-5

This course is applicable for practitioners of all levels. Course content applies to various client populations (i.e., addiction, mental health, etc.) and is relevant for services provided in a variety of settings (clinics, shelters, jails, etc.).

GOAL:

Participants will gain knowledge about DSM-5 guidelines and will learn valuable techniques for gathering accurate information for a comprehensive clinical assessment.

OBJECTIVES:

1. Participants will be able to recognize, understand, and describe the components of a comprehensive assessment.
2. Participants will be able to recognize, understand, and describe the DSM-5 criteria for use disorders (mild, moderate, severe) and understand the terms abuse vs dependence.
3. Participants will be able to recognize, understand, and describe the Stages of Addiction.
4. Participants will be able to recognize, understand, and describe the clinical skills necessary to execute competent assessment/diagnosis.

5. Participants will be able to recognize, understand, and describe why addiction is so difficult to overcome.

COURSE OUTLINE

- I. Introduction Materials (Tech Support, How it works, About the Author, Welcome, Disclaimers)
- II. Pre-test
- III. What's an Addict?
- IV. Stages of Addiction
- V. Diagnosing
- VI. DSM-5 Basics
- VII. Subjectivity
- VIII. The Skilled Counselor
 - A. Dealing With Resistance
 - B. Soliciting Honest Answers
 - C. Asking the Right Questions
 - D. Interpreting Accurately/Evaluating the Big Picture
 - E. Recognizing/Understanding Symptoms & Diagnostic Criteria
 - F. Understanding Why Addiction is so Hard to Overcome
- IX. DSM Cheat Sheet
- X. References/Bibliography
- XI. Post-Test
- XII. Course Evaluation/Survey